

## NAMI board meeting minutes 2018.5.8

The meeting started at 5:30 PM at the Methodist Church in attendance were Mick Fiocci, Mary Satterlee, Mary Wright, Jeanne Pederson, Linda Renn and Kathy Marion.

The minutes from last months meeting we're approved by Mary Wright and seconded by Jeanne Pederson.

Mick mentioned that board elections were sent out to 41 people that he was sure were members, and 13 completed the ballot. 20% would make a quorum which would be 8.2 ballots. Bob Mangels, Sue Janik and Kathy Marion were on the ballot.

The board membership for Jean Pedersen and Mary Wright expired this year. It was motioned and seconded to appoint Jean and Mary back on the board.

Mick had talked to Pam Morton about the secretary job, and it also talked about 360 training with her both of which she seemed to be interested in. In her absence Mick suggested we put off officer selections until next month. Jean Pedersen mentioned that she had spoken with Mary Maxon regarding involvement with NAMI in any role, and will continue to explore that with her.

Mick mentioned that he had also talked with Mary Satterlee regarding the 360-database training. Mick had questioned the possibility of a glitch in the system since his name didn't show up in it. since his name didn't show up in it.

It was noted that the Wisconsin board is losing Juliana, who has served for two years and was excellent. The replacement for Nate, her second in command, is in place.

Mick noted that election was just a cleared last night, and he thinks we should do officer elections next month.

The issue of support advocacy for NAMI Wisconsin calls was next on the agenda. Right now Mick says he his phone number is the only number on the brochure.

Some suggestions for handling the calls were:

- Get an extra phone line on a cell phone number, and rotate people to take calls on that number.
- Attach a voicemail to that line that is answered with "NAMI Northern Lakes".
- This would work best if it was attached to a Verizon phone line and also would require the purchase of a phone. Mick suggested even a flip phone would work.
- (Linda Renn and Kathy Marion were the only two present with a Verizon service.)
- Mick noted that this would then provide a warm line phone, that would be answered with NAMI as opposed to a residence / personal voicemail.

Another suggestion would be to get a NAMI landline so that calls could be forwarded to the "on call" person.

- Mary Wright suggested a 'teenage line' that can be used also for fax, and the landline would give better reception.
- Mary Satterlee suggested Charter

- Mick suggested that potentially we could put it on our own/NAMI phone, not to be shared with the drop-in center, and use call forwarding. And that Line would only be used for support calls. Mick volunteered to investigate this option.

The coordinator report / letter from Linda Jacobson, dated 4/18, with a recap of news and activities at the drop-in center was reviewed. Emotions Anonymous, based on the 12-step model, is being initiated by Sue Janik. Mick's friend Paul, who bought some books for the program has also offered to help Sue get it started.

The Peer to Peer Support Group is going well, however the difficulty being the cost of transportation for the clients. NCO is reimbursing Sue for her transportation. It was suggested that NAMI pay half (\$17.50) of the \$35 Northwoods Transit Connections monthly bus pass. Linda J. thought that would be a great idea and it would really help about 8 people. Streamlined signup, drafting a sign up document, financial considerations (of Keith), and Peer to Peer attendance accountability were all considerations discussed. But the importance of the Peer to Peer Support is so important that it would be well worth the cost.

Mick reported that HSC has given us a \$10K grant this year, and he hoped to be able get an increase in that to \$13K next year. HSC will reimburse us for everything we spend at the Drop in Center, supporting that it is all diversion.

The Drop in Center is closed when there are school closings. It was suggested we inform Channel 12 that Northern Lakes Drop in Center be added to their weather-related closings. It not only would settle any confusion but also be name recognition/advertising.

The CT's Deli Fundraising Poster, done by Robin Harrison, was approved.

Mick said he was working on the United Way grant and has an interview with them on the 9<sup>th</sup>.

Mary S. is approaching St. Mathias and Marshfield Clinic.

Mary Wright revealed the beautiful King Size Quilt by the Red Wagon Quilters for the 2019 Gala Drawing. Mary Satterlee is working on the raffle tickets for it, hoping to have them for the Children with Disabilities event at the Waters on June 3<sup>rd</sup>, at which Linda R. reminded us of an earlier event, Kinship of Tomahawk on May 20<sup>th</sup>. Promotion of the quilt raffle will be at some of the larger businesses (ie: Print Pak, Air Pro, Experian) for two-week periods, for employees. The hospital was suggested as another location. Mary S. has the rack for display and will enroll board members to sell tickets also. Printers for Quilt Posters, Lakeland Union HS, Office Max and Mark Peltier of Northland Printing were suggested.

Promotion for the CT's Deli Fundraiser was next on agenda. Mick will contact WXPR for a PSA.

Other media to arrange:

Community Calendar (Pam/Sue)

TV Stations/ Channel 12

Things to Do in Rhinelander

Up North at 4 (Jean/Kathy)

Press Release (Does Pam Morton have a template?)

Hodag Happenings/ Maggie Steffan

Facebook

Website (already in place)

Mary Satterlee gave the Treasurer's Report. The Month End Summary Report for April 2018:

Revenue .....	\$1,417.00
Expenses.....	\$3,053.31
Net Operating Change.....	-\$1,636.31
Current Statement Ending Balance- 3/31/18.....	\$19,081.75

There lunch situation at the drop-in center has been promising, with an average of 8 meals a day, and with free will offerings we have been making money on lunch.

Mary S. has combined 2 checking accounts and will do the same with savings accounts, and has been busy with the IRS; the Federal taxes have been filed.

We are at a loss this month of \$1600, however we have received a check from Human Services for \$2,394 which will appear in next months report.

We have only requested money for the Drop-in Center, not for the Board.

Mary Wright motioned to accept the treasures report and it was seconded by Jean.

Mick will be approaching St. Augustine's for support soon.

Mick reported on the conference. They had an excellent session on Building Professional Compassion and Resilience. He encouraged all to attend when possible. He also talked about HOPELINE, a text-in (versus voice call-in) line for those thinking of suicide to a trained volunteer. Started by a woman in law enforcement, has a nonprofit in all different counties, and is especially utilized by young people. Very high use at lunch time and after school hours. Kathy M. had seen some info on this and is very excited about this program. The texting makes it feel anonymous to the user yet can be tracked and about 75 lives have been saved. so far with the program. We'd like to see it presented at high school assemblies, make posters, cards etc. It is a part of Center for Suicide Awareness. All in all the Conference was terrific.

Mary W. reported on the Mental Health Summit. Our booth was in a different room, and there were only 2 tables for 4-6 people. Veterans, Red Cross, Tammy-from Antigo Suicide Prevention/Walk Out of Darkness, and school were there. (Antigo is doing a hike for Suicide Prevention on 5/18/18.)

Jean P noted that we should probably have a good police presence at RHS due to the school shooting in Antigo.

Mick commented on the fact that Phillip Chard had to cancel his speaking engagement and Jean P. thought perhaps we could schedule him for Mental Health Week, the first week of Oct.

The "Ending the Silence" Presentation was discussed. The second presentation at RHS, different volunteers, different schools, psychologists, and how to get into different schools/venues.

We are looking into another CIT class for the Spring of 2019.

Mary Wright brought up the Family to Family Program, and that it should be promoted in schools w/ other familiar instruction. Mary W., Jannette and Mick will be in Eagle River with it in the Fall.

Regarding the Peer to Peer Program, Jim Skuball is feeling better, and Mary Lee Cox is now trained. Kerry from Antigo is also available for the program.

All programs and meetings will be moving to Trinity. Mary Lee will manage a couple meetings and we will see if anyone else 'steps up' to handle other programs. This location has better TV for videos, rack w/ brochures, it gets people to the Drop in Center location, and Charmaine has been making phone calls (some people prefer to text).

Carole Miller has put a lot of her art into Jean's Festive Frog and has instructed Jean to enter any remaining items in the bucket raffle at the Gala.

"Stomp Out Stigma," Jean's dance recital to be held late Oct. / early Nov. 2018 was discussed. The idea of an individual and family rate. Originally discussed as a competition, it was suggested we present it w/o the competition.

Jean brought up the CT's Deli Fundraiser. A portion of the sales (10%) and 50 % of the 50/50 raffle will be our proceeds. It was assumed that Rhonda from CT's Deli will also be promoting the June 22<sup>nd</sup> fundraiser.

Absent from the meeting and excused were Maggie Peterson, Marquart, Mangles, Janik and Skuball. The meeting was adjourned.